



RUNNING OUT OF TIME

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Synopsis

Sometimes...to get where you're going you just have to stand still.
We are all running out of time.

James Hargreaves must change his lifestyle: over-weight and over worked he must get fit and healthy to avoid a heart attack. His wife, Hannah, must change her lifestyle: never enough hours in a day to be all things to all people, she must learn to relax to avoid a nervous breakdown. Amy, their daughter, wants the world to change and the family change its lifestyle: go green, recycle and save the planet to avoid a global catastrophe.

TIME: We can be a slave to it or we could just try and appreciate it.

One family find themselves off the beaten track in a remote idyll in the picturesque West Country. They are strangely drawn to the mysterious lake where Time appears to have stood still. What is its secret? What is its magic?

A sweet elderly lady and her old fashioned son seem to know a lot more than they are saying. Who are they? And why has the Grandfather Clock stopped?

A strange legend, an egg timer and an old record seem to hold the key.
Could it be that Time never runs out?

The Hargreaves realise they have all been on a journey – but to where?
And will they ever be able to find that time again?